



FIRST FRIDAY, MAY 3

EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION WITH HOLY MASS

Big thanks to everyone who was able to make it on April 5 for the Exposition of the Blessed Sacrament, Benediction, and the Mass.

First Friday, May 3, will be our next exposition of the Blessed Sacrament, Benediction, and Mass.

“What do you do during the Exposition of the Blessed Sacrament?”

Let us look into the Bible for a quick answer to your question:

Before Jesus’ passion and death on the Holy Cross, he took his disciples to the Garden of Gethsemane where he prayed with them.

During one of his visits with them in the garden, Jesus found them sleeping and said to Peter, “SIMON, ARE YOU ASLEEP? COULD YOU NOT KEEP AWAKE ONE HOUR?” – (Mark 14:37; Lk 22:45-46, & Mt 26:40)

Fellow parishioners, Jesus continues to invite us to spend an hour with him just as he asked Peter to do. During your one hour with him, you may decide to pray for a special intention or just listen to him without saying a word. Some people have Lectio Divina (Divine Reading), meaning reading, meditating, and praying with a Scripture text or a text from spiritual book. Or you may pray the Holy Rosary. Just do what you think or feel best for you to have your personal spiritual encounter with Jesus in the Blessed Sacrament.

On every First Friday of each month, we have the privilege of spending one hour with our Lord Jesus Christ.

9 am to 6:45 pm: Exposition of the Blessed Sacrament in the Church

6:45 pm to 7 pm: Benediction

7pm: Celebration of the Holy Mass

If you have any questions/clarifications with regard to the Exposition of the Blessed Sacrament & Benediction with Mass, please reach out to me.

Please sign up on the sheet in Marist Hall. One person must be in the church at all times. Many more are welcome at any time. In case you signed up but can’t make it, kindly call or send me a text message on my cell phone, 609-510-1090. We can’t leave our Lord alone in the Church.

Thanks! God’s blessing to you all,

Fr. Ed Tetteh, SVD